



**SHERMAN  
PRIZE**  
Inspiring Excellence  
in Crohn's and Colitis

# 2019 ELIGIBILITY GUIDELINES

Every year, we recognize exceptional, pioneering work in the fight to overcome Crohn's and ulcerative colitis, with three prizes – two **\$100,000** Sherman Prizes for excellent achievement and one **\$25,000** Sherman Emerging Leader Prize for a person who has shown high potential. The Sherman Prize is open to individuals who have demonstrated excellence in areas such as those listed below.

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## Patient Care

Healthcare professionals who provide outstanding and responsive clinical care, and make strides to improve the physical, emotional and/or psychosocial aspects of treatment:

- Identifying risk factors for Crohn's and colitis and improving diagnosis.
- Improving patients' quality of care and their social and emotional well-being.
- Supporting emerging clinicians to make a significant impact in the field.
- Providing patients with the opportunity to make informed decisions about their care and treatment, as well as comprehensive and culturally appropriate communications tailored to the patient's needs.
- Providing families and caregivers with information and support.
- Providing outstanding care demonstrating mastery of the clinical management of compassionate and effective treatment of IBD patients.

## Medical Research

Medical and research professionals who perform groundbreaking scientific research in pursuit of treatment advances or cures:

- Studying risk factors for Crohn's and colitis in an effort to improve diagnosis.
- Determining the environmental and/or genetic factors that enhance the risk of Crohn's and colitis.
- Deepening our understanding of the multiple disease processes under the umbrella of Crohn's and colitis.
- Developing tools that will predict the aggressiveness of the disease, whether complications will develop, and how individual patients will respond to particular therapies.
- Studying new medications and treatments that induce remission and prevent relapse.
- Discovering ways to prevent complications.
- Encouraging multidisciplinary research focused on new technologies and systems to treat and cure Crohn's and colitis.
- Predicting and preventing the onset of these diseases in high-risk individuals.

## Public Service & Education

Healthcare providers, educators and advocates who go above and beyond in support of awareness, education, and patient and public advocacy:

- Enhancing quality of life for people with Crohn's and colitis through support groups or peer-to-peer assistance.
- Leading advocacy efforts to enhance public policies on behalf of those with Crohn's and colitis.
- Training and inspiring the next generation of gastroenterology specialists through excellent teaching.
- Leading communication and education efforts to:
  - Inform the public of the risk factors for the diseases.
  - Raise awareness on the environmental and genetic factors that enhance the risk or progression of the diseases.
  - Effectively educate patients and professionals about IBD.
  - Mentor and support trainees and junior faculty to develop meaningful careers in IBD.
  - Raise awareness of new medications and treatments that induce remission and prevent relapse of the diseases.

Eligible individuals must live and work in the U.S., having accomplished their greatest achievements in the past decade, with greater emphasis placed on accomplishments in the last few years. For additional information please visit [www.shermanprize.org](http://www.shermanprize.org).