



Millie D. Long, MD, MPH

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Dr. Millie D. Long is an internationally recognized clinical researcher, clinician, and educator specializing in inflammatory bowel diseases (IBD). She completed her medical degree at University of Virginia, residency and chief residency in internal medicine at University of Alabama-Birmingham, followed by fellowships in gastroenterology, epidemiology, preventive medicine and inflammatory bowel diseases at University of North Carolina. She is currently Professor of Medicine, Interim Division Chief and Director of the Gastroenterology and Hepatology Fellowship at University of North Carolina.

Dr. Long has held key leadership positions in the American College of Gastroenterology (ACG), including Chair of the Research Committee and GRADE methodologist for the College's guidelines. She is currently co-Editor in Chief of the American Journal of Gastroenterology, ACG's flagship clinical gastroenterology journal. Dr. Long currently serves on the Board of Trustees for the college.

Dr. Long has also volunteered extensively for the Crohn's and Colitis Foundation. She has previously served as Chair of the foundation's Professional Education Committee. She was co-Chair of the Clinical Research Alliance from 2018-2023 and also served on the foundation's National Scientific Advisory Committee.

Dr. Long's research has focused upon prevention of complications of IBD. Her work has provided a greater understanding of the infectious and malignant risks associated with immunosuppressive therapies, and strategies for prevention. Her work in prevention has been included in guidelines and has informed vaccination strategies for patients with IBD. She has also prioritized defining patient reported outcomes through a long-standing patient powered research network in IBD. She has maintained an interest in women's health, with publications describing pregnancy outcomes in IBD. These data have informed the approach to IBD management during pregnancy.

Dr. Long speaks at CME-accredited seminars and symposia on IBD all over the world. Since 2019, Dr. Long has also served as co-Chair of the Advances in IBD meeting, the premier clinical IBD meeting in the United States. She has authored more than 200 peer-reviewed articles, books, chapters, and reviews, including the 2019 ACG ulcerative colitis guidelines.

In 2024, Dr. Long received the Sherman Prize for Excellence in Crohn's and Colitis.