



Miguel D. Regueiro, MD

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Miguel D. Regueiro, MD, is an internationally recognized inflammatory bowel disease (IBD) physician, clinical researcher, educator, and healthcare leader whose career has been dedicated to improving the lives of patients with Crohn's disease and ulcerative colitis. He earned his undergraduate degree from the University of Pennsylvania and his medical degree from Drexel University College of Medicine. He completed his internship, residency, and gastroenterology fellowship at Beth Israel Deaconess Medical Center, Harvard Medical School, followed by advanced training through the Harvard/MIT Clinical Investigator Training Program. Today, he serves as Executive Vice President and Enterprise Chief of Staff of Cleveland Clinic, Chief of the global Digestive Disease Institute, holder of the Melody and Steve Golding Chair for Digestive Disease, and Professor of Medicine at the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University.

Dr. Regueiro is often described as "a patient first" doctor and always teaching and mentoring the next generation of physicians. His career has been shaped by two passions: improving outcomes for patients with postoperative Crohn's disease and transforming how IBD care is delivered. Early in his career, he recognized that surgery should be viewed as an important component of Crohn's disease management rather than a treatment failure. At the same time, his experiences caring for patients reinforced the importance of addressing nutrition, behavioral health, lifestyle, and quality of life alongside medical therapy. These insights led to two of his most influential contributions to the field: pioneering research in postoperative Crohn's disease and the creation of the IBD Medical Home.

Dr. Regueiro developed the IBD Medical Home, one of the first multidisciplinary care models for patients with Crohn's disease and ulcerative colitis. By integrating gastroenterologists, psychologists, dietitians, advanced practice providers, and other specialists, the model demonstrated that coordinated, whole-person care could improve outcomes and quality of life while reducing healthcare utilization. The success of this work has influenced IBD care programs across the United States and helped shape modern value-based care approaches. More recently, he has helped evolve the model into a digitally enabled "medical neighborhood," expanding access to care through technology and innovation.

He is also internationally recognized for his groundbreaking work in postoperative Crohn's disease. His research helped define the natural history of disease recurrence after surgery and established strategies to prevent it. As principal investigator of landmark clinical trials and a leader in multidisciplinary medical-surgical care, Dr. Regueiro's work has influenced guidelines, standards of care, and clinical practice around the world. He continues to lead research focused on optimizing outcomes for patients with Crohn's disease.

Beyond these contributions, Dr. Regueiro has authored hundreds of scientific publications and has been a leader in clinical research evaluating new therapies, disease outcomes, and patient-centered care. He remains active in clinical practice and often notes that many of his most important research questions originate from the patients he cares for.

Education and mentorship have remained central to his career. He serves as Co-Chair of Advances in Inflammatory Bowel Disease (AIBD), the largest IBD-focused educational meeting in North America, and founded IBD LIVE, a multidisciplinary educational program that brings healthcare providers together from around the world for weekly case-based learning. He also served as the inaugural Editor-in-Chief of Crohn's & Colitis 360 and has held numerous leadership roles within the Crohn's & Colitis Foundation and major gastroenterology societies.

Throughout his career, Dr. Regueiro has remained focused on a single mission: improving the lives of people living with Crohn's disease and ulcerative colitis. Through innovations in postoperative Crohn's disease management, multidisciplinary care, research, education, and mentorship, he has helped transform the field of IBD and continues to shape its future for patients around the world.

In 2026, Dr. Regueiro received the Sherman Prize for Excellence in Crohn's and Colitis.